

**THE BOARD**   
OF DEPUTIES OF BRITISH JEWS  
PROUD TO REPRESENT THE COMMUNITY

## THE CHANGING FACE OF THE BOARD OF DEPUTIES



**Jonathan Arkush 'in conversation with' Steve Levinson  
at Mosaic – Sunday 4<sup>th</sup> February, 7.30pm for 8pm**

**Jonathan Arkush – president of the Board of Deputies of British Jews – will be 'in conversation' with Steve Levinson on Sunday, 4<sup>th</sup> February at Bessborough Road. Reception from 7:30pm, event commences 8:00pm.**

The Board of Deputies defends the rights of every Jew in the country and, you may have noticed, is supported by voluntary supplements on members' subscriptions.

The work of the Board should be of huge interest to us all. All members are encouraged to attend.

## Since our last issue

Children's birthdays are on page 16

### MOSAIC REFORM

#### BIRTHDAY WISHES TO:

Linda Boyd, 65  
Rose Mikardo, 91  
Howard Walters, 70  
Jonathan Barnett, 55  
Jeremy Banks, 65  
Howard Berger, 65  
Judy Cohen, 70  
Shelley Davis, 60  
Victor Davis, 92  
Ilse Dokelman, 97  
Leonard Ludwin, 80  
Joan Woolfson, 92  
Carolyn Abrahams, 50  
Roma Bendel, 80  
Zella Milstone, 91  
Sylvia Phillips, 91  
Jennifer Schneider, 70  
Hettie Shoop, 91  
Ron Tucker, 85

#### ANNIVERSARY WISHES TO:

Linda & Ken Edward on their 45<sup>th</sup> wedding anniversary.  
Shirley & Zicky Alpert on their 50<sup>th</sup> wedding anniversary.  
Helen & Norman Cripps on their 45<sup>th</sup> wedding anniversary.  
Eva & Joseph Jacob on their 40<sup>th</sup> wedding anniversary.

#### CONDOLENCES TO:

The family of Judith Denney  
The family of Helene Brooks

#### GET WELL WISHES TO:

Adele Saffer

### HEMS

#### BIRTHDAY WISHES TO:

Louis Kaye, 18  
Sophie Honey, 16

#### ANNIVERSARY WISHES TO:

Tamar & Gary Italiaander, 35  
Gillian & Mark Hartstone, 30

### MOSAIC LIBERAL

#### WELCOME TO NEW MEMBERS:

Thelma & Mark Windisch  
Sheila & Stephen Struminger

#### GOOD LUCK IN YOUR NEW HOME:

June Cohen

#### BIRTHDAY WISHES TO:

Sandy Amber  
Max Birne  
Terry Carr  
Gideon Fiegel  
Alvin Miller  
Helena Stone

#### GET WELL WISHES TO:

Jeanette Shindler



Editors: Martin Simonis and Judy Silverton

Send your articles, pictures, letters etc to [newsdesk@choosemosaic.org](mailto:newsdesk@choosemosaic.org)

#### Next issue

The next monthly issue will be that for February 2018 – copy date 14<sup>th</sup> January. This will be distributed on 25<sup>th</sup> January.

*The 'seasonal' Kehila editorial team is currently compiling a list of contents for the Pesach edition of the magazine. If you would like to contribute an article, or have any suggestions, please email [robertpinkus@gmail.com](mailto:robertpinkus@gmail.com)*

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# Difficult roads... A premises update

*from Phil Austin – Chair of the Mosaic Jewish Community*

A few months ago, it looked as though we had finally found our new shared Mosaic home. Members of the Property Working Group were quietly optimistic. The general sentiment was “we’ve been here before but this one looks promising – very promising”.

Unfortunately – and not for the first time – our collective hopes were dashed. The vendor decided to retain the site and reversed their earlier decision to dispose of it. In this case, it wasn’t bad faith on the part of the vendor – it was just a change in circumstances which the vendor had not foreseen. Basically, we were unlucky.

When, you might ask, will our tireless efforts be rewarded?

It has, after all, been several years since we started our premises search. Well, I can’t of course give you a precise date for the completion of our search and the acquisition of our new home. However, I can assure you that we have taken steps to improve our chances of success, more specifically, to improve our competitive position when a suitable property comes onto the market.

For example – and as previously reported – we have engaged niche professional support to boost our market intelligence



and market positioning. We have also submitted a pre-planning application to Harrow which will enable any prospective purchaser to see the undoubted potential of our Bessborough Road site as a precursor to negotiations with us that could lead to the identification of a suitable site or existing building for Mosaic.

We are also considering other options to enable us to move quickly when a site of interest becomes available – more on this to follow in my next update.

It remains the case that our task is challenging. Opportunities remain limited and we face stiff competition from schools and other faith groups. However, relocation is an essential Mosaic goal to help us sustain and hopefully grow our community.

The journey we are embarked upon is both arduous and frustrating, but the end will more than justify the means. I was reminded of this recently on my journey to work. Some kind soul at my station pens a piece of wisdom every morning to give the downtrodden commuter a lift. On the very morning I was pondering our recent premises disappointment I saw the daily message (pictured, above) and it resonates perfectly with where we are now as a community.

# Mental Health Awareness Shabbat at Mosaic Reform

*from Rabbi Kathleen Middleton*

It was the summer of 1991. I had just completed an intensive summer *Ulpan* course at the Hebrew University in Jerusalem, and I was considering spending the last two weeks in Israel, studying at an orthodox women's *Yeshivah*. One of my fellow students at the *Ulpan* recommended a particular *yeshivah* and suggested I ring the *Rebbezin* for an admissions



interview. The *rebbezin* seemed quite friendly and invited me to one of her *shiurim*.

I really can't recall what the subject of the *shiur* was about, but I do remember that it convinced me not to study there!

The first thing I found objectionable about the *shiur* was the *Rebbezin's* proud announcement that her son had been arrested for throwing stones at *chilonim* (non-religious Israelis), who were driving on Shabbat! Although I was quite observant in those days, stone-throwing did not fit into my understanding of what being *shomer Shabbat* was all about. However, it disturbed me even more, that the *Rebbezin* kept telling us repeatedly and quite emphatically, that we are always accountable for all our deeds. 'But what about someone who suffers from a

mental illness?' I asked her. 'If people are compelled to do something because of mental health issues, they cannot be held accountable for their deeds, can they?' I remember her look of the deepest disapproval at my question. 'Everyone is *always* accountable for their deeds,' she said emphatically, 'and if they are not, then that is God's will'.

I was left quite shocked by the extreme disapproval of my question, and by her lack of compassion; it seemed that inadvertently, I had touched on a taboo I should not have mentioned. I realised that within the orthodox community, there was still much stigma and fear attached to acknowledging mental illness. Such stigma and fear are, of course, not exclusive to the orthodox community. In our society too, there has been a similar apprehension about the open discussion and disclosure of mental health problems.

However, much has changed in our attitudes to mental health care. In the past couple of years, greater prominence has been given to mental health awareness, helped enormously by the brave outspokenness of Princes William and Harry, who openly

talked about their struggles of coping with the trauma of the sudden death of their mother, Princess Diana. That shift in attitude is a good thing, because mental health problems are far more common than we think. Statistics show that here in the UK, 1 in 4 adults experiences mental health problems at least once a year. Increasing pressures and limited support has created a crisis in the mental wellbeing of young people, with children and adolescent mental health services reporting a great increase in referrals for self-harm, in particular.

In March 2017, Reform Judaism decided to appoint a Mental Health Worker specifically focusing on the mental healthcare of our young people, to address this issue, and offer support and advice to our young people, their parents, teachers, youth workers and friends.

In order to increase awareness, and offer support and advice, Mosaic Reform has organized a special Mental Health Awareness Shabbat on Shabbat 3<sup>rd</sup> February, with a special sermon looking at Rabbinic sources. It will be followed by a panel discussion by professionals. All are welcome.

## Mosaic Reform Mental Health Awareness Shabbat

*Special Shabbat Service 3<sup>rd</sup> February 2018*



Followed by afternoon session with panel including mental health professionals

(A light lunch will be provided)

# We have been created equally (not equal)

*Sermon given at the member-led service on Shabbat  
Vayetse (November 25<sup>th</sup>) by David Martin*

There is a well-known quote by the actor George Burns, regarding sermons. He said, “The secret of a good sermon is that it should have a good beginning and a good ending; and to have the two as close together as possible.” I will try to stick to his view.



In our “new” gender-neutral Siddur, references to ‘man’ have been replaced by ‘people’ and God is no longer referred to as ‘He’ but by such terms as ‘the Almighty One’. This is fair enough in our modern inclusive society, but gender neutrality can be extended to such crazy things (in my humble opinion) as the signs on the toilet doors at the Traverse Theatre in Edinburgh, which state (and I quote)...”The Traverse Theatre aims to be a trans and non-binary inclusive space and as such we encourage patrons to please use the facilities that best fit their gender identity or expression.” I was there in August and I’m still trying to work out that one.

Leaving aside gender neutrality, the modern consensus is that all people are created equal – but people are not created

equal...they are created equally. What is the difference? Well, to say that we are all created equal, that is to say we are ‘all the same’, diminishes the diversity of human existence. We are not equal. Some of us are tall and some of us are short. Some of us have dark skin and some of us have light skin. Some of us are

fat and some of us are thin. Some of us have lots of hair, and then there’s me. We are most certainly not created equal. I never stood an equal chance of singing like Andrea Bocelli, and that’s ok...it’s a shame for you, but hey!

If we were all “equal” life would be boring, so we are created equally. We are all endowed by God with the right to human dignity and the right to pursue happiness. Every person has a bit of Godliness inside them, every person. It is a shared quality that all human beings possess as a part of our natural creation.

There will, of course, always be rivalry; people believing that they are better than others.

Two apples high up in a tree were looking down on the world. The first apple said,

*“If we were all “equal” life would be boring, so we are created equally. We are all endowed by God with the right to human dignity and the right to pursue happiness”*

“Look at all those people fighting, robbing, rioting – no one seems willing to get along with his fellow man. Someday we apples will be the only ones left. Then we’ll rule the world.” Replied the second apple, “Which of us – the reds or the greens?”

Then, of course, there is racial prejudice versus racial tolerance. I’m reminded of an elderly relative who objected to having ‘foreign’ carers and when challenged on this, insisted (and again I quote) – “I’m not a racist, I JUST DON’T LIKE THEM”.

Races are perceived as falling into stereotypical categories. In our ordinary use of language today, a stereotype according to the dictionary is “a standardised mental picture that is held in common by members of a group and that represents an *oversimplified* opinion, *prejudiced* attitude, or *uncritical* judgment.”

For example, all English people are reserved and stiff upper-lipped, all Italians are suave and well-dressed, all Germans are efficient, the Dutch produce the very best Rabbis, all Australians are down to earth, all Eastern Europeans are very hard-working, all Africans have great rhythm, all Americans are somewhat brash, the Welsh are all good singers and, most people will concede, the Irish have a great sense of humour and fun and a wonderful ‘turn of phrase’.

This particular stereotype was proven to me some twenty years ago when I

accompanied Juliet to a meeting in Dublin. This was my very first trip to Ireland. It was an Aer Lingus flight and when my hot beverage was served, the stewardess must have put tea bags into a pot and then instead of filling it with boiling water, she’d filled it with boiling coffee so the resulting combination was... interesting.

I called her over and said, “This coffee is a mixture of tea and coffee.” She said, “Did you try it?” I said, “Of course I tried it.” She said, “Did you like it?” I said, “No, it was absolutely disgusting.” She said, “Well, you’ll know not to have it again then, won’t you!”

I thought to myself...”Yes! This is going to be a great trip!”

The trip of which I speak, was courtesy of a generous benefactor, who was funding medical research into a little known condition from which one of his sons had sadly died. Partners of the various delegates were also permitted to attend, as the 5 star hotel rooms had been paid for by said benefactor, so people such as myself only had to pay their own air fares.

The two days of meetings culminated in a dinner for about twenty of us, all paid for by our host, who had taken over a section of one of his favourite restaurants for the evening. After the meal I said to him, “Thank you ever so much for the wonderful meal. This is a great restaurant.” He replied, “Yes,

## David Martin's sermon (continued)

*"We have to allow people to be themselves and not pre-judge or have an unrealistic expectation of how they are going to be"*

it's great here – you don't feel a bit hungry when you've finished!"

Many years ago, at the height of 'The Troubles' in Northern Ireland and the resulting IRA bombings in London, I had an Irish patient who told me that some neighbours had said to her to "Go back to Ireland. You're not wanted here." I said that her neighbours' abuse of her was good. She said, "What do you mean?" I said, "Well, at least while they're starting on you, they're leaving us Jews alone!"

One quick example of a perceived stereotype was my encounter with "White Van Man". Whilst I was filling my car with petrol at the Pinner Green petrol station, a man wearing a tee shirt which exposed his myriad tattoos and his ample stomach overhanging his scruffy trousers, finished filling his white van and went into the shop to pay. He came out a second or two before I was going in, and the door slammed in my face. I thought, "Typical! Thanks a lot, mate." A second later he turned, came back and held the door open for me saying, "Terribly sorry, mate. I was miles away!"

So, our stereotypical perception of others can be justified but only to an extent. I've met some tone deaf Welsh people, some shy Americans, some brash and noisy English people, and a few downright miserable

Irish, so really we have to allow people to be themselves and not pre-judge or have an unrealistic expectation of how they are going to be.

I'll leave you with this...

If you can live without caffeine,

If you can be cheerful,  
ignoring aches and pains,

If you can resist complaining,

If you can understand when your loved ones are too busy to give you any time,

If you can take criticism and blame  
without resentment,

If you can ignore a friend's limited education  
and never correct him or her,

If you can resist treating a rich friend better  
than a poor friend,

If you can face the world without lies  
and deceit,

If you can conquer tension without  
medical help,

If you can relax without alcohol,

If you can sleep without the aid of drugs,

If you can honestly say that deep in your  
heart you have no prejudice against creed,  
colour, religion, gender preference, or  
politics,

*– Then you have almost reached the same  
level of spiritual development as your dog!*

Friendship Club 40<sup>th</sup> Anniversary

*from Trudy Segal*



Pictures from Prakash



75 people were present to celebrate the 40<sup>th</sup> anniversary of the Friendship Club on 13<sup>th</sup> November. It is a great testimony to the warmth and welcoming atmosphere that the Club is thriving where so many others in the area have closed. Tributes were paid to the hard-working committee and helpers who ensure all members enjoy their weekly visit. Also remembered were the founding members of the Club, whose aim was to provide companionship for those who otherwise might be on their own. Both Rabbi Kathleen and Mosaic Reform chairman,

Lawrence Chadwick gave birthday wishes and congratulations on this special occasion. Thanks were also given to Ann and Gay in the office as well as Prakash, our caretaker for their continued help and support.

Everyone enjoyed a special lunch and the hall was decorated with balloons and flowers as befits such a memorable anniversary.

The club meets every Monday and offers mobility exercises, three-course lunch and entertainment and new members are especially welcome. [See January program on p11]

## Community Care

*Hand In Hand – A Sharing & Support Group*



**Do you look after an elderly relative in your own home, in their home or in residential care?**

**Do you care for someone with a mental health problem?**

**Do you help support someone who has a physical disability and/or a learning disability?**

Mosaic Reform and Northwood and Pinner Liberal are setting up a support group for all kinds of carers. It will be an opportunity to gain practical knowledge and to share information.

We will be having our first meeting on Thursday, February 15<sup>th</sup> from 11am until 12.30pm at Northwood and Pinner Liberal Synagogue, Oaklands Gate, Northwood HA6 3AA.

There will be coffee and cake followed by a talk and discussion led by Carers' UK.

For more information and to reserve a place please contact Gay Saunders, Community Care organiser at Mosaic Reform via the Office, or at [communitycare@mosaicreform.org.uk](mailto:communitycare@mosaicreform.org.uk)

## Holocaust Memorial Day

*Mosaic Holocaust Memorial Day at Bessborough Road*

We will be holding our second Holocaust Memorial Day education event at Mosaic on Wednesday, 30<sup>th</sup> January with local secondary students attending workshops and listening to a guest Holocaust Survivor speaker.

We are part of the Northwood Holocaust Memorial Day Education (NHMDE) programme, where over 3000 students

attend various synagogues over two weeks to be informed on how the rise of anti-semitism brought about the death of six million.

We are extremely proud to be establishing ourselves with local schools and rely on our volunteers to make these facilitated workshop sessions both informative and valuable to the next generation.



## Mosaic JACS Programme



All events are on Tuesdays and start at 14:00

*January / February*

**Jan 9<sup>th</sup>** The life and times of Frank Sinatra – Nigel Coleman

**Jan 23<sup>rd</sup>** The Jewish East End – Tony Abrahams

**Feb 6<sup>th</sup>** Being a journalist in the age of Brexit, Trump and fake news – Mike Skapinker, contributing editor at the Financial Times

## FILM MOSAIC

### DENIAL

**At 8:00pm on Tuesday 23<sup>rd</sup> January 2018**

Based on the acclaimed book 'History on Trial: My Day in Court with a Holocaust Denier', DENIAL recounts Deborah Lipstadt's (Academy Award winner Rachel Weisz) legal battle for historical truth against David Irving (Cannes Award winner Timothy Spall), who accused her of libel when she declared him a Holocaust denier.

In an action for Defamation, the English legal system, places the burden of proof is on the accused, therefore it was for Lipstadt and her legal team to prove the essential truth that the Holocaust occurred. Directed by Emmy Award winner Mick Jackson.

Released in 2017 to great popular acclaim – this riveting film is not to be missed.

## Friendship Club

*Entertainment for the over-60s*

**Mondays: 11:00 to 14:30**

**Tel (on the day): 020 8423 2903**



**JANUARY**

**1<sup>st</sup> CLUB CLOSED**

**8<sup>th</sup> Return visit of vocalist David Peace**

**15<sup>th</sup> Bill Smith entertains**

**22<sup>nd</sup> Singer Nadie Keating**

**29<sup>th</sup> Singer/guitarist Alex Samos**

## Mosaic Photogroup Plans

*from Rabbi Frank*



### Our upcoming dates and programme:

#### Tuesday, 9<sup>th</sup> January:

The Notorious Weegee (Arthur Fellig), 'Murder is My Business'

#### Tuesday, 13<sup>th</sup> February:

Jewish Photographers Who Covered the American Civil Rights Movement

#### Tuesday, 20<sup>th</sup> March:

More tutoring in post-production using Lightroom software. Bring an image or two to be worked on together.

At every session, participants share their new photographs within a supportive and helpful atmosphere. Beginners and advanced photographers are involved and newcomers are always welcomed!

## Knit, Natter, Nosh

*from Barbara Altman*

I belong to a small local very friendly Jewish knitting group, started up about six years ago.

We knit squares that are sewn together to make blankets, baby clothes, hats and scarves and these items are sent to Former Soviet Union countries and Israel for the children and elderly who need warm winter items to help them survive the bitterly cold winters they endure. We knit in member's homes every week, on alternative Tuesdays and Thursdays, some mornings and some afternoons (depending on parking restrictions).

Also, if anyone has any wool they would like to donate it would be very gratefully received.

### Interested?

Please contact Barbara Altman on  
01923 841 424 / 07930 542 559 or  
email [teethyb@tiscali.co.uk](mailto:teethyb@tiscali.co.uk)



## Jewish Refugees

*AJR Pinner Group*

(Including Stanmore, Harrow & Surrounding Areas)

**Meeting Venue:** Pinner Synagogue 1 Cecil Park, Pinner (On The Corner Of Cecil Park & Marsh Road)  
For Further Information: Phone Vera On 020 8866 4833. Email: [verarob@btinternet.com](mailto:verarob@btinternet.com)

**All meetings are held on Thursdays at 2pm**

**Jan 4<sup>th</sup>:** Les Spitz is an amazing photographer and will once again show us some of his new audio visual presentations. We will see Mark Chagall's beautiful Stained Glass windows, visit New York and Halong Bay in Vietnam and enjoy other wonderful places.

**Feb 1<sup>st</sup>:** Rabbi Leah Muehlstein was born and raised in Germany and then came to England to study at Cambridge. She finally decided to become a student at the Leo Baeck College and is currently a minister at Northwood and Pinner Liberal Synagogue. Her subject will be on "My father was a wandering Aramean" exploring Jewish responses to the world on the move.

**March 1<sup>st</sup>:** Brian Nathan is an expert on Jewish composers and musical theatre He will present an "A-Z of Jewish Band Leaders" and will play some musical excerpts of their work.

**April 12<sup>th</sup>:** Helen Fry is a very well-known historian and biographer and has written many books. Her talk on "The Secret War of Trent Park – Bugging the Nazis in WW2" will be a fascinating story that very few people know about.

**May 3<sup>rd</sup>:** Nick Dobson is an Historian and is an expert on the "Queen of Crime, Agatha Christie". He will give us an illustrated look at her life and career as the world's bestselling novelist.

**June 7<sup>th</sup>:** Brad Ashton is an international comedy writer and author. His talk will be light-hearted but on the serious subject. "Scams and How to Avoid them", based on a BBC Radio series.

**July 5<sup>th</sup>:** Alexia Kirk, who is a Victoria and Albert Museum archivist, will give an overview of the "Archive of Art and Design". It is about a project that the V&A showed a while ago of the Jewish émigré designers and their work.

**Aug 2<sup>nd</sup>:** Tea Party by invitation at be held in Cranbourne Drive,

**Sep 6<sup>th</sup>:** Pam Fox has written a book entitled "The Jewish Community of Golder's Green". The talk is based on a study of memories about the community since the Jews settled there just before World War 1.

**Oct 4<sup>th</sup>:** Desert Island Discs – members' own choices.

**Nov 1<sup>st</sup>:** Andy Thomas is one of the world's leading researchers into unexplained mysteries and cover-ups and is the author of the acclaimed Conspiracies: The Facts – The Theories – The Evidence. He will share some of this knowledge with us.

**Dec 6<sup>th</sup>:** Chanukah Party.

*The Synagogue is opposite the Pinner Library. Buses 183, H11, H12 & H13 stop in front of the Pinner Library. Pinner Synagogue is a few minutes' walk from the Pinner Underground Station, on the Metropolitan line.*

# Mosaic Quiz Night

*from Martin Simonis*



The main Mosaic fund-raiser of the year took place on 26<sup>th</sup> November – a Quiz Night compered by the ever-popular ‘Quiz, Quiz, Quiz’. It was a sell-out and a huge success – a testament to the efforts of the Community Group. 18 tables and 165 participants competed – the picture, above, gives a good flavour. Over £2,000 was raised, and this will go towards synagogue charities – funding community and religious events.

The food (fish goujons, roast new potatoes, salads, lokshen pudding, plus all the extras) was organised by the Mosaic Community Group, who did all the cooking (except for the fish). A massive exercise which, as ever, ran seamlessly.

The questions were thoughtful and challenging – the table I was on correctly (and amazingly, to me) identified ‘Twist and Shout’ played backwards, recognised the football emblem of Juventus and the Garfield character Odie, but failed to remember what the Queen holds in her hand in a pack of playing cards.

A confusing conclusion somewhat obscured the fact that two teams tied for first place. Doubtless, the evening, the Quiz, the food and the company were enjoyed by everyone, whether they were on the winning table(s) or not. And a lot of money was raised for our ‘good causes’. Here’s to the next one...

# Launch of Humphrey Phillips’ new book



Humphrey signing his book for Gay Saunders

Tuesday 5<sup>th</sup> December marked the launch of a fascinating new book of RAF wartime experiences by none other than our very own Humphrey Phillips. The book is entitled ‘A Thousand and One’, a reference to the bomber raids against Cologne and Essen.

The launch was marked with a party at Erskine Hall, where Humphrey is living. Humphrey was a real star, made a speech, signed books and very kindly donated a copy of his book to the Shul.

Flight Lieutenant Humphrey Phillips DFC, MiD (twice) had an exciting war. Originally trained as a flight mechanic, he became one of the very first of the new breed of flight engineers. Posted initially to 103 Squadron, he was allocated immediately to the Conversion Flight, helping to convert

new crews from two engines to four. While ‘instructing’, he was flight engineer to many of the famous names of the time and flew in the first two of the historic, showpiece 1000 bomber raids, as part of a scratch crew of tour-expired instructors.

Humphrey survived a number of scrapes with novice pilots and was Mentioned in Despatches for inventing two devices to instruct new engineers on the Lancaster’s fuel and hydraulics systems.

Keen to operate, he was eventually hand-picked to join for a tour with 626 Squadron, at the height of the Battle of Berlin. Humphrey survived his tour, was awarded the DFC, and returned to instructing, being once more Mentioned in Despatches with 1668 HCU before the war’s end.

# ITSA

Here is the certificate received from ITSA in recognition of the collection of computer equipment donated by Mosaic to IT Schools Africa last month (see p14 of the December issue).



# Children's novel republished after author takes his own life

Children's author Jonny Zucker, 49, took his own life in November 2016 after living with depression for over two decades. 2Simple are republishing his most popular novel 'Striker Boy' (first published 2010) with all the proceeds going directly to the bereaved family and the mental health charity, Mind.

The book launched on 5<sup>th</sup> October 2017. It is available from amazon.co.uk for £6.99 and £1.40 from every copy sold will be donated to Mind, a registered charity in England and Wales (no. 219830). The family have chosen Mind as Jonny received support from them over the years.

Jonny dedicated his life to getting kids reading, working for many years as a primary school teacher before becoming a children's author. He is survived by his loving wife Fiona Starr, who is a psychologist, and their three young sons.

"Jonny was my best friend and soul mate. Even towards the end, when his flame was burning out, we managed to salvage deep moments of love and humour. The Striker Boy campaign gives me hope and comfort that his death wasn't in vain, that even in death Jonny can still inspire thousands of children all over the world through his words," says Fiona.

One in four people will live with a mental

health problem every year and it is the largest killer of men under 50.

Beyond funds, the Striker Boy campaign is raising awareness of mental health issues in adults and children. 2Simple have designed a range of free teacher resource packs for schools, including an 'emotional resilience resource' to help primary school teachers promote positive mental health.

Paul Farmer, Mind's Chief Executive, said: "We're delighted to have been chosen as the charity partner for Striker Boy by the Zucker family. Their support will mean that Mind can continue providing vital services, like our Infoline, so people can make their own choices and access the treatment and support that is right for them. This partnership will help us to make sure no one has to face a mental health problem alone."

Fiona's cousin, radio and television presenter Jonny Gould received the news of his cousin-in-law's death whilst live on air. He feels strongly that this is a story the world needs to hear, "Mental health needs to be discussed in the open and these personal stories need to be shared. The media has such a vital role in helping people understand mental health and putting pressure on the government to act."

Jonny Zucker was a member of NNLS (New North London (Masorti) Synagogue.

## Brainteaser

Compiled by John Ashmele

**Gary has friends all around the world, including Argentina, Denmark, Russia, Sudan, and the United States of America. Which country is Gary in?**

**Answer to December Brainteaser**  
 The animal hiding in the list – Raccoon, Parrot, Lemming, Kookaburra, Aardvark, Linnet, Otter – is a Cormorant – (use the double letters in the listed animals).

## Happy Birthday in January to:

Alex Landau (10)  
 Chloe Shackell (7)  
 Elizabeth Witte (5)



BUCKINGHAM PALACE

The Queen and The Duke of Edinburgh would like to thank you and all concerned for your kind message of congratulations on the occasion of their seventieth Wedding Anniversary.

Her Majesty and His Royal Highness much appreciated your thoughtfulness in writing as you did and, in return, send their warm good wishes to you all.

David Ryan  
Director, Private Secretary's Office

20th November, 2017.

Unless otherwise stated, all events take place at 39 Bessborough Road, Harrow HA1 3BS.

The times/locations of weekly services are as below, unless otherwise stated: Mosaic Liberal: Bessborough Road: Friday 19:00 Saturday 11:00

HEMS: Girl Guide Headquarters (GGHQ), Hatch End: Saturday 09:30  
Mosaic Reform: Bessborough Road: Friday 19:00, Saturday 10:30

EVERY WEEK

Jan | Feb

**Monday 11:00** – Friendship Club

**Every other Thursday 14:00** –  
Singing Seniors

**Sunday (term time) 09:45** – HaMakom

**JANUARY 2018**

Wed 3 <sup>rd</sup>	20.00	Council meetings
Fri 5 <sup>th</sup>	20.00	Contemplative service
Sat 6 <sup>th</sup>		Shabbat Shemot
Tue 9 <sup>th</sup>	14.00	JACS – Frank Sinatra (see p11)
	20.00	Photo Group
Sat 13 <sup>th</sup>		Shabbat Va'era
	11.00	Shabbat Shira
Sun 14 <sup>th</sup>		Kehila copy date
	09.45	HaMakom – new term
	10.15	Stonesetting – Rita Asbury – Edgwarebury Lane
Tue 16 <sup>th</sup>	20.00	Presentation on Mosaic Greek trip
Wed 17 <sup>th</sup>	12.30	Lunch Club
Sat 20 <sup>th</sup>		Shabbat Bo
	09.30	Parashat ha'Shavuah with Rabbi Frank
Tue 23 <sup>rd</sup>	14.00	JACS – Jewish East End (see p11)
	20.00	Mosaic Film – “Denial” (see p11)
Thur 25 <sup>th</sup>		Kehila distribution
Sat 27 <sup>th</sup>		Shabbat Beshalach/Shira
Wed 31 <sup>st</sup>	20.00	Mosaic Book Group – Autobiographies

**FEBRUARY 2018**

Fri 2 <sup>nd</sup>	19.00	Contemplative service
Sat 3 <sup>rd</sup>		Shabbat Yitro
		Mental Health Shabbat + lunch (see p5)
Sun 4 <sup>th</sup>	19.30	Jonathan Arkush – President, Board of Deputies (see front page)
Tue 6 <sup>th</sup>	14.00	JACS – Being a Journalist (see p11)
Wed 7 <sup>th</sup>	20.00	Council meetings
Sat 10 <sup>th</sup>		Shabbat Mishpatim/shekalim
	11.00	Shabbat shira
Sun 11 <sup>th</sup>		Kehila copy date
Tues 13 <sup>th</sup>	20.00	Mosaic Photo Group
Sat 17 <sup>th</sup>		Shabbat Terumah
Tue 20 <sup>th</sup>	14.00	JACS
	20.00	Film Mosaic
Wed 21 <sup>st</sup>	12.30	Luncheon club
Thur 22 <sup>nd</sup>		Kehila distribution
Sat 24 <sup>th</sup>		Shabbat Tetzaveh/Zachor
Wed 28 <sup>th</sup>		Erev Purim

**Mosaic**  
Choose your Jewish life



Mosaic office is at 39  
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